



Montvale
CHAMBER OF COMMERCE



Center for Resiliency, LLC
Therapy that helps you move forward

We hope you'll attend a special event hosted by CENTER FOR RESILIENCY and GATES CHIROPRACTIC in celebration of International Women's Month!

Stress in the body
Co-Presented by Dr. Carol from Center for Resiliency and Dr. Stephanie from Gates Chiropractic

In honor of International Women's Month, we want to offer a free workshop to help you to relieve stress and decompress!

🕒 6:00 p.m. - 8:00 p.m. 📅 March 21, 2024
📍 Gates Chiropractic, 217 Old Hood Rd, Suite 3E, Westwood, NJ.
☕ Coffee to be provided by Missy & Linny, a women-owned business.

We're thrilled to announce a collaboration between Dr. Carol, from Center for Resiliency, and Dr. Stephanie from Gates Chiropractic Office. Together, we're hosting an empowering event dedicated to all the amazing mothers out there.

4 Reasons Why You Should Attend:

- 1) Get the chance to receive a Neuropulse report of how stress is stored in your body.
- 2) Get the chance to learn and apply stress reduction techniques and see the results in real-time.
- 3) Ruffled giveaways!
- 4) Coffee by Missy & Linny!

Stress in the body - Hosted by Dr. Carol, from Center for Resiliency, and Dr.

Stephanie from Gates Chiropractic Office

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Starts: Mar 21, 2024 - Expires: Mar 22, 2024



Center for Resiliency, LLC

160 Summit Avenue, Suite 205
Montvale, New Jersey 07645
201-661-3375

A member of the Montvale Chamber of Commerce
www.MontvaleChamber.com

Please check your coupon — all requirements stated on the coupon must be met to receive the discount. Coupon values are as specified on the coupon. Limit of one coupon per household.