



**Montvale**  
CHAMBER OF COMMERCE



## **1 Free Week of Classes at Rumble!**

Enjoy 1 FREE week of classes at Rumble Boxing in Montvale. Rumble Boxing is a 45-minute, 10-round group fitness workout that splits time evenly between water-filled teardrop punching bags and strength-training floor circuits. It requires zero prior boxing experience and features custom hip-hop and house music mashups in a nightclub-style dark room. \*Must be a new client only.

Must use 7 classes within 7 days.\*

Starts: Aug 04, 2026 - Expires: Dec 31, 2026



## Rumble Boxing Montvale

320 Market Street  
Montvale, New Jersey 07645  
5512788332

A member of the Montvale Chamber of Commerce  
[www.MontvaleChamber.com](http://www.MontvaleChamber.com)

Please check your coupon — all requirements stated on the coupon must be met to receive the discount. Coupon values are as specified on the coupon. Limit of one coupon per household.